

THE SILVA METHOD

A DYNAMIC 2-DAY SEMINAR THAT WILL CHANGE YOUR LIFE

THE SILVA METHOD

GRADUATE SEMINAR

ON ADVANCED MIND DEVELOPMENT

Silva Method Basic Lecture Series (BLS) Graduates, continue what you started with the BLS!!!

THE SILVA METHOD GRADUATE LECTURE SERIES (GLS) SEMINAR builds upon the techniques and principles learned in the Silva Method Basic Seminar. The Seminar augments the knowledge developed from Jose Silva's decades of research on the powers of the human mind and its potential. Learn how and why the techniques work. Learn to overcome problems in your current programming and enhance the power of the techniques. Also, learn new advanced programming techniques to help yourself and your loved ones. In the class, subjects covered will include:

- **The Mind-Body Connection:** How special mental processes can make you healthier, more energetic, and tranquil
- **Effective Personal Programming Scripts:** Designing, composing, and delivering scripts to instruct your brain and Inner-Conscious mind to achieve your desires
- **Age Regression:** Learn how you can benefit from age regression — and how you can effectively regress your mind to learn from the past (postnatal and prenatal) — and use the information to correct problems
- **Creativity:** How to enhance creative thinking and how to avoid blocks to your creativity.
- **The Center of the Galaxy Technique:** A special technique for acquiring guidance from *Higher Intelligence*
- **How to Help Family Members:** How to teach family members to relax and use deep-levels to achieve their goals.
- **Increase Intuition:** Use simple tools like the pendulum and dowsing rods to communicate to your subconscious.
- **Special Glass of Water Technique:** How to “program” water to improve health and help you with specific goals
- **“Right-Brain” Thinking:** Understanding and eliminating blocks to Right-Brain thinking.
- **Special Conditioning Cycle:** A technique to deepen and enhance the ALPHA-Level

GRADUATE LECTURE SERIES SCHEDULE

DAY 1 OF THE GRADUATE LECTURE SERIES (GLS) SEMINAR

08:30 A.M. Registration, Check-In, and Orientation

09:00 A.M. Graduate Seminar Starts

- ☉ Introduction and Overview

FOCUS: THE MIND-BODY CONNECTION

- ☉ **Control stress** before it makes us older, weaker, sicker, testy, and unlucky.
- ☉ **Special Long Relax:** Using a creative application and modification of the LONG RELAX to program your mind-body for living longer, younger, and stronger
- ☉ **Power Beliefs:** Developing real understanding about the power of positive beliefs, thoughts, and self talk.
- ☉ **Power Scripts for the Mind:** How to design, compose, and deliver powerful scripts to instruct your brain and Inner-Conscious mind to achieve your desires and overcome your own self-limiting beliefs.
- ☉ **Four Steps to Success:** Learn the four steps to deriving success with the Silva Method.
- ☉ **Silva Practice Guidelines:** An informative discussion on how to get the most from your Silva Method practice

MENTAL EXERCISE: THE SPECIAL GRADUATE SEMINAR LONG RELAX

01:00 P.M. Lunch

02:15 P.M. Graduate Seminar Resumes

FOCUS: HOW TO GIVE A MENTAL EXERCISE

- ☉ **Special Long Relax:** How to effectively give the Long Relax to help dissolve accumulated stress and fatigue, increase energy, achieve radiant health, and strengthen the immune system.
- ☉ **Goal Achievement:** How to compose design, compose, and deliver scripts to instruct your brain and Inner-Conscious mind to achieve your desires and goals.
- ☉ **Dissolve Blocks:** Create your own custom designed program for self-improvement, habit control, and goal achievement.
- ☉ **Age Regression:** How to guide your subject to a past-life experience with the Special Mental Exercise for Regression..
- ☉ **Special Glass of Water:** Learn how to use the Special Glass of Water Technique.

06:00 to 6:30 P.M. ADJOURN for the Evening

DAY 2 OF THE GRADUATE LECTURE SERIES (GLS) SEMINAR

09:00 A.M Session Begins

FOCUS: "RIGHT-BRAIN" THINKING

- ☉ **Mind Mapping:** Create a Mind Map of the various aspects of Level One
- ☉ **Special Levels:** Learn about the *Spiritual, Intuitive, and Creative* levels of the mind. Learn activities that help you to naturally tap into these levels.
- ☉ **Dissolve Blocks:** Understanding the blocks to the more creative *Right-Brain Thinking*.
- ☉ **Creativity:** Experience creative thinking
- ☉ **Center of the Galaxy Technique:** Learn the special technique for acquiring help and wisdom from Higher Intelligence.

MENTAL EXERCISE: THE CREATIVE VIEWPOINT EXERCISE

01:00 P.M. Lunch

02:15 P.M. Graduate Seminar Resumes

FOCUS: THE VALUE OF INTUITION IN ALL ASPECTS OF LIFE

- ☉ **Case Working:** Graduate level case working for business, sales, relationships, criminal investigation, etc.
- ☉ **Psychometry:** How information is stored and retrieved from objects.
- ☉ **The Pendulum and Dowsing Rods:** Using simple tools for gathering information and for communicating with the subconscious mind
- ☉ **Case Working Practice:** Follow-up activities and ongoing support with the Silva Method organization
- ☉ **Graduate Support Groups:** Learn the value of working together in Graduate Support Groups and how to form and operate such a group.

MENTAL EXERCISE: THE GROUP CONDITIONING CYCLE

06:00 to 06:30 P.M. ADJOURN

SILVA METHOD BASIC LECTURE SERIES (BLS) GRADUATES

Continue what you started with the Silva Method BLS...

- ***Discover more about the Mind-Body Connection***
- ***Learn a Special Long Relax Technique:*** Learn more about controlling stress
- ***Power Scripts for the Mind:*** to achieve more and overcome self-limiting beliefs
- ***Four Steps to Success:*** How to derive more success with the Silva Method
- ***Learn from your Past/Past Life:*** Experience a Early/Past Life Experience
- ***Learn a Special Glass of Water Technique:*** to improve health and achieve goals
- ***Learn more about Creativity and “Right-Brain Thinking”***
- ***Learn the value of using Intuition in all aspects of your life***
- ***Network with like-minded people***
- ***Learn about Jose Silva’s early research from one who participated***

What people are saying about the Silva Method GLS Seminar:

“I think this seminar was a fantastic method for expanding awareness, improving visualization, and solving problems in all areas of my life.” - **P.R.**

“To discover a problem area from my early life experience with Age Regression, and then take it into the alpha level to replay it the way I wish it had happened was truly life changing How I wish I had discovered this a long time ago! It is a life-giving tool for me!”- **A.D.**

“I fully expect to approach whatever projects and activities that will come into my life in a more organized, planned, and deliberate manner.” - **T.U.**

“Today I found out the meaning of ‘This is the first day of the rest of my life.’ I really feel motivated towards a new beginning of my goals in life. I truly feel that I can accomplish whatever I desire.” - **C.M.**